



## *Piercing Aftercare*

The instructions contained herein are not given as nor should they be construed to be medical advice. These are common sense instructions based on practical experience. If medical advice is needed, consult a physician.

The healing time for newly installed body jewelry varies between persons. Healing is also affected by the depth of the jewelry and its location on the body, the pressure of the clothing, and daily activities. Personal cleanliness is most important during the healing process.

The area of installation does not need to be covered during bathing or showering. The jewelry should be cleansed with an antibacterial soap such as, Dial or Lever 2000. Then gently rotated.

The ointments recommended for a piercing below the neck are, Bactine, Betadine, or for sensitive skin use Saline Solution, all which are available at a local drugstore.

For ears, nostrils, septum, and other above the neck piercings use Saline Solution or antibacterial soap.

The tongue and areas around the mouth are different than most or all other piercings. It is extremely important to rinse the mouth every time anything other than water comes in contact with it, even fingers and cigarettes. Listerine is the only recommended mouthwash to be used. Regular oral hygiene should still be in practice. Otherwise keep it and all other piercings clean.